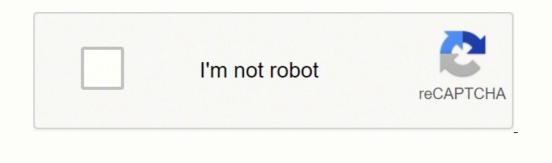
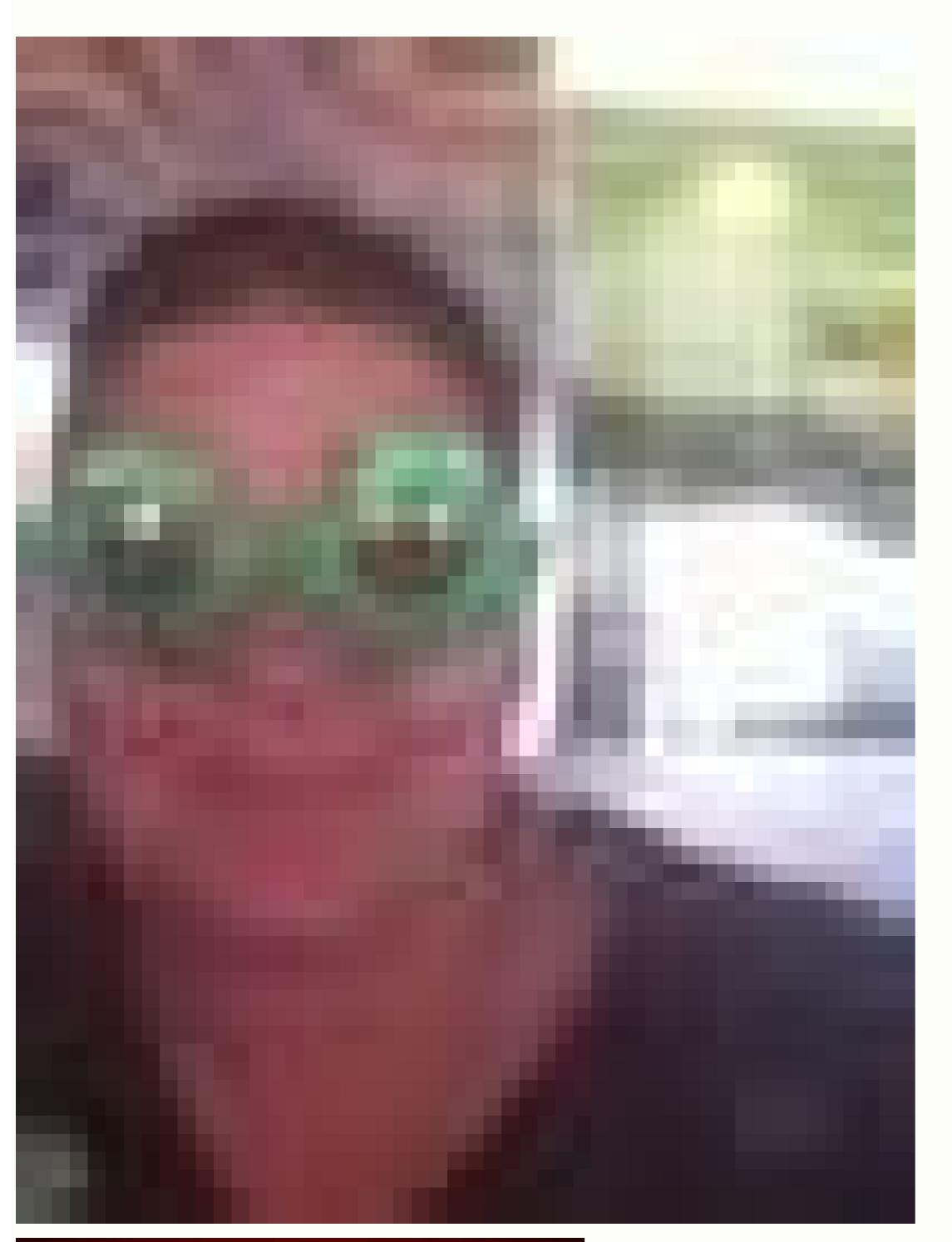
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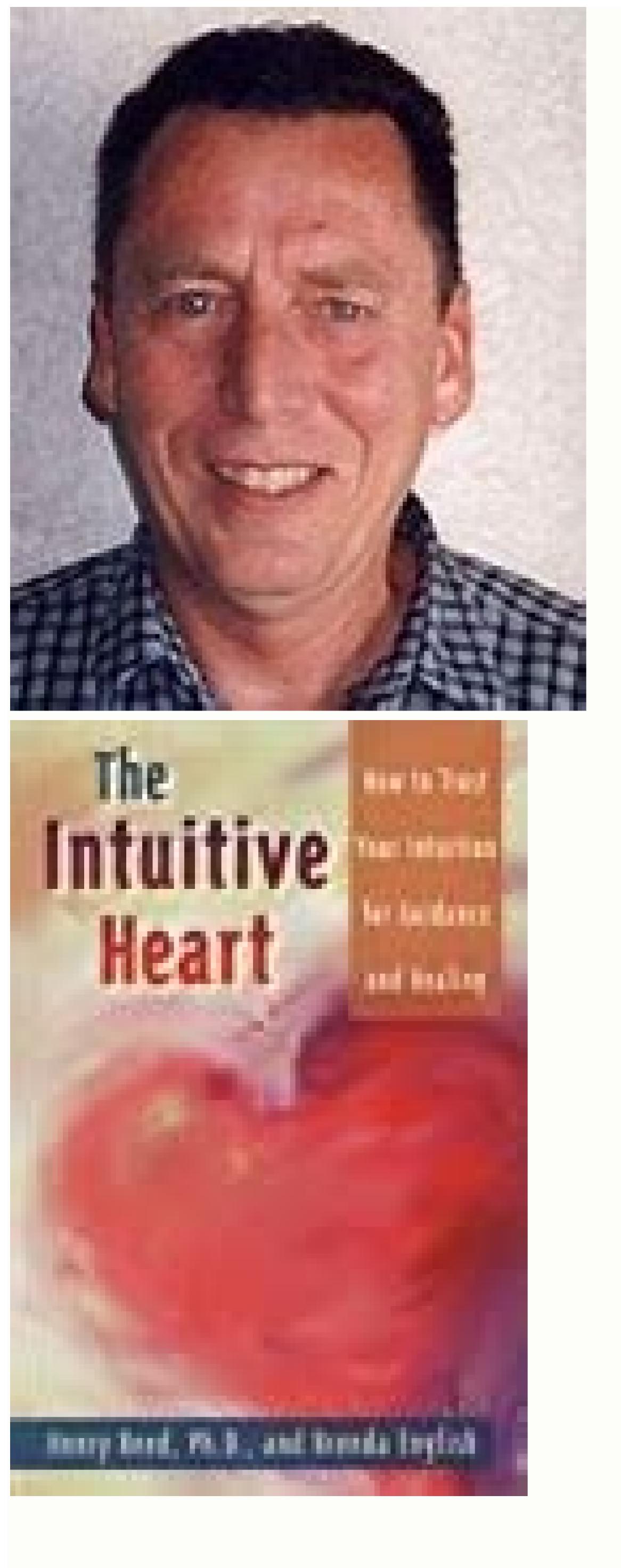




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The usual comment from psychologists and psychiatrists was that it's best not to encourage people to look at their dreams because they are liable to str up problems for themselves





PSIQUIICS IS REAL. This book invites you to awaken your psychic consciousness, and provides a perspective from which it can develop. I have based this book on the insights into his daily life. Cayce wouldn't ask you to take those ideas to faith. He would ask you to prove the validity of this material in your own life, to use what is constructive, and to discard the rest. As a former university professor, I am used to discussing theory before dealing with practice. Therefore, Part I is dedicated to exploring some universal concepts that serve to explain the nature of reality and how psychic consciousness is a natural part of that reality. Part II discusses some of the most common psychic experiences and how to evoke them through intuition, dreams, meditation and hypnosis. Part III investigates the role of the body, mind and soul in psychic consciousness. Finally, Part IV presents some experiments for you to try on your adventure in this exciting realm, and discusses the ultimate purpose of psychic consciousness. As I wrote this book, I kept hearing these words repeated in the back of my mind: See it, feel it, touch it, taste it, smell it, create it, live it. If this book helps you become so aware of the psychic that you can make it real in your life, then its mission has been accomplished. In this effort, I have to thank those whose previous efforts to explain the meaning and meaning of Edgar Cayce's trance readings made this book possible: Harmon Bro, Hugh Lynn Cayce, Everett Irion, Herbert Puryear, and Mark Thurston. I also appreciate the tireless editorial efforts of A. Robert Smith, who has taken great care to make this book easy to read. And for making sure it's worth reading all the examples and I have to thank my wife, Veronica Lyn. A long line of people, reaching at least as far as Pythagoras and moving upwards through the above names, are very very in you becoming a psychic. Psychics has been real with them and they have helped me try to make it real for you. Part I THE PSIQUIC IMAGINATION 1 BEING PSIQUE THE IMAGINE The study from the human point of view, of the subconscious, subliminal, psychic forces, of the soul, is and must be the great study for the human family, because through man himself he will understand his Creator when he understands his relationship with Him, and that understanding is knowledge as it is given here in this state. EDGAR CAYCE reading no 3744 e9 781 429 937 412_img_822.gif e9 781 429 429 937 412 img 822.gif Spiritual aspirations should be warned that unless the possibility of being guided to deeper meanings of life remains open, their experience will almost certainly turn out to be a dead end. For people who covet psychic potency for profit and power, my advice is unequivocal: either develop a higher motivation or abandon the whole business at once. The consequences of the deliberate misuse of these capacities can be disastrous. ARTHUR FORD WHEN I BACK on a warm summer night and look up at the spectacle of the stars, my mind naturally floats up into the enormity of the universe and it seems to merge with the stars. This earth platform of our planet, usually such a solid base, becomes an ever-diminishing and oscillating pebble in the immense and bright darkness of space. My imagination, and I with it, expand into infinity. I'm wrapped in a cold tingling. Overwhelmed, I suddenly return to the solid ground. But, I wonder, what happened? Was it really true what I felt? Was it really that my mind could rise and join the stars of heaven? While I reflect on this mystery, I know I'm not alone. Native Americans, para for have the tradition that they came from the stars? Another traveler, the English imaginer Olaf Stapleton, shared his psychic journey to space with us in his book Star Maker. His mind not only met with other worlds, but was able to communicate with other minds, all traveling in a multidimensional universal consciousness. In an attempt to keep us grounded, he called his story science fiction. However, under the guise of such fiction, imagination is the first pioneer; science and technology follow, building concrete steps for everyone to climb. Imagination is a boundless traveler, often returning with surprising memories to attract successive generations, we now send rockets and spacecraft. A PSIQUIC PRObeE OF THE OUTER SPACE In December 1973, the observations of Pioneer 10 on the planet Jopiter began to reach NASA scientists, who were millions of miles away on Earth. Some of his observations contradict the long-standing assumptions of astronomers about this revered planet. The discoveries of the Pioneer 10 were not a surprise, however, for two men who had seen Jopiter nine months earlier. In an experiment organized by the Stanford Research Institute, two talented psychics, Ingo Swann and Harold Sherman, travelled psychically to Jupiter while scientists recorded their impressions. Swann was in California, Sherman was in Arkansas. Their impressions were surprisingly similar to each other, and opposed to scientific speculation: they both visualized a ring of deadly radiation around Jopiter and an upper atmosphere of colorful frozen crystals; they said that the planet itself was very But whipped by violent wind storms. The Pioneer data 10 later contradicted the speculations of scientists, and confirmed the amazing precision of Swann and Sherman atmospheric observations, our first first astronauts. About a year later, they repeated their feat on a visit to Mercury. Again, they gave similar reports about what they had seen. In addition, when data from NASA's Mariner 10 space probe began to reach Earth from Mercury, it contradicted conventional scientific speculation and confirmed psychic observations. Scientists had assumed that Mercury was too hot to withstand an atmosphere and that it rotated too slowly to have a magnetic field. But the two psychics felt a thin atmosphere, as well as a magnetic field. Another striking correspondence between the psychic reports and the data from Mariner 10 was the discovery of a helium tail coming out of Mercury and away from the Sun. In To Kiss Earth Goodbye, Swann describes the excitement he felt when newspapers published descriptions of Mercury that looked a lot like his own psychic impressions. Can you imagine traveling psychically to another planet? How do you imagine these two psychics made the trip? Words like travel, of course, suggest physical movement. Swann describes the psychic probe into outer space as an experiment in out-of-body travel, suggesting psychic movement through space. In an out-of-body still below. In this extremely liberated state, it is possible to travel to distant places. Is this what has a see our physical body, we can see our body still below. In this extremely liberated state, it is possible to travel to distant places. Is this what has a see our physical body below. In this extremely liberated state, it is possible to travel to distant places. Is this what has a see our physical body still below. In this extremely liberated state, it is possible to travel to distant places. Is this what has a see our body still below. In this extremely liberated state, it is possible to travel to distant places. Is this what has a see our body still below. In this extremely liberated state, it is possible to travel to distant places. Is this what has a see our body still below. In this extremely liberated state, it is possible to travel to distant places. Is this what has a see our body still below. In this extremely liberated state, it is possible to travel to distant places. Is this what has a see our body still below. In this extremely liberated state, it is possible to travel to distant places. Is this what has a see our body still below. In this extremely liberated state, it is possible to travel to distant places. Is this what has a see our body still below. In this extremely liberated state, it is possible to travel to distant places. Is this what has a see our body still below. In this extremely liberated state, it is possible to travel to distant places. Is this what has a see our body state state stat Swann did? Perhaps, instead of traveling, Swann expanded the scope of his consciousness beyond the confines of his body and nearby to include the distant planets. Or maybe he saw the future, and looked at the NASA spacecraft reports as they were analyzed by scientists. Any interpretation assumes a considerable psychic feat. However, as we imagine the functioning of the psychic consciousness will be very important. In a psychic instant imagine, if you want, that you can take a pr. that will psyche instantly. Suddenly, you are able to experience the world from the of view of nearby people; You know your thoughts, you feel your feelings. How would it be that? In a study conducted by Charles Tart, Ph.D. (Professor of Psychology at the University of California in Davis and researcher of psychic phenomena for a long time), a group of university students of a community in California who consider taking such a pill is asked. His reactions were on his majority. The most frequently expressed concern referred to the lack of control â \in "people were afraid to overload, to be continuously bombed with information from the mind." A person thought he would realize the dreams of Other people and would not be able to sleep. Many expressed their concern for negative side effects, such as madness for experience and the need to retire to a place of loneliness. Others worried about being confused, not knowing how to know about who were thinking, or worse, not being able to distinguish their own thoughts from those of others. That possibility was particularly terrifying. Have you ever entered a room full of people and you have felt bad vibrations in the room? During the meetings at work, for example, it can be said that something is wrong, people are upset, something is not right. That is almost like reading the mind. Would you like to know more, be more psychic in a situation like that? How would it be that? How would it be that? The next imaginary story of a mental reading experience, inspired by the pill of Dr. Tartà ¢ ì, illustrates what could happen: I look at Martha, and I begin to feel the anger of her. Now I can also hear the thoughts of her, the curses and the accusations that pass through her mind. As he tuned more closely, I feel the frustration behind rabies, injured feelings and disappointment. I also experiment some of her memories, and I understand the personal context that makes this frustration so In this particular meeting. The patterns of his life, how he lied with frustrations and and in the past, and how your self-esteem was affected by frustrations, all this comes to mind. I am also in tune with your body. Your heart beats faster, and I can feel her blood pressure going up. I have a picture that somewhere along the way, a heart attack awaits you as a result of the food you eat and your patterns of frustration and anger. My heart is with her, and I wish she could relax. But I also feel their fear. Relaxing right now would seem threatening. She doesn't want to lower her defenses, so she feels trapped in her cage of anger and resentment. I know all this and more in a split second. My eyes move towards Bob, sitting next to Martha. I can see what your life is like, and how it affects you in this meeting. But at that moment Fred begins to speak, and the tone of his voice expresses a lot of information. In the tone and rhythm of your speech I can sense your nervousness and your attempt to take control of a sticky situation; by the attempt and forced softness of your words I can hear you trying to cope with stress. So as I look at Marta's face and see her life unfolding before me, I am also experiencing the sounds of Fred's voice, and her life unfolds before me as well. It's a little confusing, to say the least. I want to refocus, as I have my own issues to raise and feelings to express about this meeting. But with all this other information I'm getting about the people in the room, I know I will feel the impact of my own behaviors and views on their goals, desires and feelings. I just don't know how I'm going to be able to process all this and keep running in my own work. I'm going to try to disconnect some of the noise and focus on my own goals. This person feels overwhelmed and confused. Concentrate so much on the of the others does it does keep in touch with your own thoughts and goals. Fortunately, he is making an attempt to take control by focusing on the gift and rejecting part of the entrance. Knowing what others in the meeting are thinking and feeling tends to inhibit the action and makes the person a little more cautious, less willing to do what is in their own interest. Such concern for others could be a deterrent to the competitive spirit! A telepathic connection with the people around you would certainly affect your relationship with them. Nearly half of the people in Dr. Tartâ Ìs study expressed some doubts about their ability to handle such telepathic information with maturity. What if they heard thoughts they shouldn't know? Could they resist taking advantage of someone whose thoughts they knew? What if they heard unpleasant thoughts about themselves, things that hurt their feelings, things that they wish they hadn't heard? What would they do then? A man confessed to having a lot of unpleasant, mean, selfish thoughts, thoughts that could make him reject or become the target of ridicule if other people found out about them. It feels good to be loved despite our downsides, he said, but he wasn't so sure he could love people no matter what they thought. Others expressed a similar concern. They didn't want their own thoughts to be read, and they weren't so sure it seemed like an invasion of privacy; others were worried about finding thoughts that might be problematic or annoying. Mind reading may lead to worrying about what other people think, which is already a problem for many people. Some people also had positive responses, although they were less specific. Dr. Tart pointed out that mind reading would be interesting, or something similarly vague. The most specific positive reaction was that mind reading would be interesting. might be able to communication through greater empathy. One person suggested that by reading other people's thoughts you would be a genius in no time. Are you surprised by the results of the survey, or sympathetic to the concerns? Interestingly, the people in the study were more likely to imagine negative consequences than positive ones, and to describe them in such vivid terms. Clearly, the negative side of psychic consciousness seemed more real to them than the positive available that points to a fear of ESP. Fear seems to be real. In the course of this book, as we develop our psychic consciousness, we will examine the sources of these fears and learn an approach that will help us overcome

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